



Callingwood-Lymburn Community Newsletter

Callingwood-Lymburn Annual General Meeting Postponed

The Callingwood-Lymburn Community League's Annual General Meeting (AGM) date has been moved to Tuesday, May 12, 2015, as the original date of May 5 conflicts with the provincial election.

This year's meeting will be held in the new community hall located at 18740 - 72 Avenue (Lymburn Park). If you haven't been inside the new building yet, this is your chance!

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Big Bin Event

The Big Bin Event for the Callingwood-Lymburn community and surrounding areas will be held Saturday, June 6 and Sunday June 7, 2015 from 9 am to 5 pm at the parking lot at Callingwood Recreation Centre. This event is for items that normally cannot be set out for regular waste collection.

Accepted Materials

- Couches, chairs, mattresses, and other household furniture items too large for curbside pickup
- Fridges, freezers, washers, dryers and other large household appliances (will be recycled)
- Computers, televisions and other household electronics (will be recycled)

Non-accepted Materials

- Commercial Waste
- Household Hazardous Waste - please take to an Eco Station. They will be accepted at no cost.

UPCOMING EVENTS

- May 3 Callingwood Farmer's Market Season Opening
Sunday, May 3, 10am to 3pm, Marketplace at Callingwood, 69 Ave & 178 Street
The Callingwood Farmer's Market will be starting their 31st season on Sunday May 3. On opening day they will have a petting zoo, bouncy castle, face painting and balloon twisting in addition to the usual great assortment of vendors.
- May 12 Annual General Meeting (AGM) of the Callingwood/Lymburn Community League
Tuesday, May 12, 7 pm, Callingwood-Lymburn Community Hall, 18740 - 72nd Ave
Join us for the Callingwood-Lymburn Community League's AGM. This is a great opportunity to hear about some of the things the community league does, share your opinions and ideas, and get involved!
- May 29 - 31 EWZSA Slurpee Cup Soccer Tournament
May 29 - 31, various fields in the West Edmonton area
This annual soccer tournament is open to boys and girls teams U10 - U18, Tiers 1-5, and all levels of community soccer.
- June 6 & 7 Big Bin Event
Saturday, June 6 and Sunday, June 7, 9am to 5pm, Callingwood Recreation Centre parking lot
Bring your large waste items that cannot be set out for regular waste collection to the City of Edmonton's Big Bin event for Callingwood-Lymburn and surrounding areas. See page xx for details on acceptable wastes.
- June 7 YMCA Healthy Kids Day
Sunday, June 7, 11am to 3pm, Jamie Platz YMCA and Callingwood Park
The Callingwood-Lymburn Community League's Callingwood Cares group is partnering with the Jamie Platz YMCA to celebrate the YMCA's 25th anniversary and the annual YMCA Healthy Kids Day. The event will start off with a pancake breakfast prior to the main events running from noon to 3pm. The festivities will include an opportunity for photo and autograph with Olympic Gold Medalist Marc Kennedy, and vendor booths and activities sponsored by the surrounding businesses and organizations. Enjoy free hotdogs supplied by Callingwood Cares. Please be aware that the Healthy Kids Day event coincides with the City's Big Bin Event, so parking will be limited.
- September 5 Kites Over Callingwood
Saturday, September 5, noon to 5pm, at Callingwood Park
Mark your calendars for the next Kites Over Callingwood! This annual family event is free to all, and includes many attractions.

Message from the Interim President

By Ian Pretty, Callingwood-Lyburn Community League Interim President

I would like to invite everyone to come out and see what the CLCL board has been doing over the year and hear your suggestions. Many changes have occurred over the year and I am happy to report that our executive committee has stepped up to the plate to develop many interesting initiatives. Here is what is new, continuing and a view into the future.

What's new:

- Green Shack Program – First time at Lyburn School
- CLCL Community Hall – Hall #2 is ready for rentals
- CLCL outdoor rink – skating was repaired and up and running in December
- St Martha's playground initiative
- Initiative with YMCA – Callingwood Cares group Spring Fling June 07

What's continuing:

- Callingwood Rec Centre – Hall #1 is still part of our rental program
- Indoor and Outdoor Soccer programs
- Kites over Callingwood
- Karate – Children and Adult Programs
- Playschool at Lyburn School
- Momstown – Hall #1 Callingwood Rec Center
- Indoor Playground YMCA

On March 27th our executive committee held a brainstorming meeting to gather information on what could be offered to community members, but we would like input, ideas and help from our community members. Tell us what your thoughts and dreams are for the community league.

For the future:

- Expand Kites Over Callingwood to a Music event/Movie Night
- Yoga – Daytime and Evenings
- Block Party
- Crafts for kids/outdoor games
- Kids fitness
- Women's Self Defense Programs
- Walking
- Membership Pot Luck
- Game Night
- Garage Sale

The executive have some ideas and plans but we need your help to make it all happen. We are looking for people to spearhead some of the committees to help get our new programming ideas up and running. We also have some board positions that are vacant: Vice President & Members at Large. If you are interested come on out on May 12.

**Please attend our AGM meeting on
May 12th @ 7:00 pm
CLCL Community Hall**

City of Edmonton Summer Activities

Lymburn Green Shack

There will be a Green Shack program at Lymburn Park this summer. The Green Shack at Lymburn will run July 2 to August 25, 2015 from 10 am - 1:30 pm. Green Shack is a free, drop-in playground program run by the City of Edmonton for children 6 - 12 years old (children under 6 must be supervised by a parent or guardian). Look for a list of upcoming activities such as games, sports, crafts, music, drama and special events posted on the side of the Green Shack each week.

Callingwood Spray Park

The Callingwood Spray Park will be open May 19 - September 19, 2015, from 9 am to 9 pm daily. Staffed hours are:

June 6 - June 28	Weekends only, 11 am - 6 pm
June 29 - August 29	Daily, 11 am - 6 pm
September 6-8 (long weekend)	Daily, 11 am - 6 pm

Callingwood Skateboard Park

Staffed hours for the Callingwood Skateboard Park are:

June 3 - August 30	Fridays 3:30 - 8 pm, Sat - Thurs 12:30 - 8 pm
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There will be two skateboard camps at Callingwood Park for ages 8 - 12 years. For details, including cost, see the "Community Summer Program Guide" on the City of Edmonton website.

Skateboard 102	July 13 - 17, 9 - 11:30 am
Skateboard 202	August 4 - 7, 9 - 11:30 am

For more summer fun ideas, read the recreation guides available on the City of Edmonton's website at http://www.edmonton.ca/activities_parks_recreation/program-guides.aspx

Callingwood/Lymburn Community League Bingos

Volunteer to help out at bingo! Meet people in your community, and enjoy a free meal. It's simple and fun, and lets you get to know your neighbours. Bingos are important fundraisers that help support the community league's programs and events.

New volunteers are always welcome, especially for afternoon shifts.

Upcoming Bingo dates:

Afternoon 11am to 3:30pm	Evening 5 to 9:30/**11:30pm
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Monday May 4, 2015	Sunday May 3, 2015
Thursday June 18, 2015	Friday June 12, 2015**
Thursday September 3, 2015	Monday July 6, 2015
	Tuesday August 25, 2015



Contact us:

Bingo Chairs:

Terry Courtney 780-487-8421 / terrycourtney@hotmail.com
 Kathy Kammermayer 780-481-2695 / kkamm77@gmail.com
 Deanna Logan 780-486-4022 / badkcatlogan@hotmail.com



Emergency
Medical
Services



Backyard Play Safety



With summer approaching, Emergency Medical Services (EMS) would like to encourage parents to ensure their backyard play areas are made safe. Direct supervision is the best method to reduce the chance of injury. It is also prudent to ensure play equipment in your yard is suitable for the age and skill of the children using it. Don't forget to check the equipment often, and repair any worn, or broken parts. Set up play equipment on a shock-absorbing surface such as sand, wood chips, or pea gravel. Grass may not adequately cushion a fall.

Water hazards

- Ensure all backyard swimming pools are fenced. The fence should be at least 1.5 metres (5 feet) high and have a self-latching, self-closing, lockable gate;
- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water, if it covers their mouth and nose.

Lawn and garden tools

- Keep young children away from outdoor power equipment. Serious burns may result from touching hot engine surfaces;
- Ensure that all tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying, or re-locating hives and nests situated near your home;
- To avoid a bite in case of accidentally stepping on a stinging insect ensure your child wears shoes, or sandals;
- If your child has received an 'EpiPenJr' prescription from your physician, (for serious anaphylactic emergencies only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, seek medical attention, or call 9-1-1.

Communities in Bloom

Edmonton's Front Yards in Bloom program will be accepting nominations from May 20 - June 30, 2015. This program is about recognizing neighbours who make an effort to beautify their front yards. Front yards can be nominated in one of four categories: General, Natural, Edible, and Public Spaces.

For information, visit www.frontyardsinbloom.ca

Questions? Email front.yards@edmonton.ca

If you are interested in volunteering to deliver signs to nominated yards in our community, and helping to choose the top yards for recognition, please contact Callingwood-Lymburn Community League (see contact info at right).



Callingwood/Lymburn Community League

18740 - 72nd Avenue NW
Edmonton, Alberta, T5T 5E9

Phone: 780-481-1495

Email: callingwoodlymburn@hotmail.com

Website: www.callingwoodlymburn.com

Find us on Facebook

The Callingwood-Lymburn Community Newsletter is produced quarterly. Two printed issues per year are distributed throughout Callingwood and Lymburn neighbourhoods, and two issues are distributed by email to league members. For information on advertising, see our website.

CLCL Membership Benefits

- Free Public Swimming at the Jamie Platz YMCA Sundays 5:00 pm to 7:00 pm
- Free Public Skating at the Callingwood Recreation Centre Sundays noon to 1:15 pm
- 25% discount off the rental of the meeting room or hall at the Callingwood Recreation Centre
- Free Admission to the Jamie Platz YMCA indoor playground for children 5 years and under (parental supervision is required) at the following times:
 Tuesday: 6 - 9pm Thursday: 11:30am - 2pm Saturday & Sunday: 7am - 9pm
- Free playgroup through Momstown at the Callingwood Recreation Centre location only, Thursdays (see website or Facebook for schedule)
- 10% discount on annual or multi admission passes at City of Edmonton's Recreation facilities
- Access to programs available at an additional cost: AKF Karate, soccer, and playschool
- Business Discounts:
 - 15% at the Happy Camel
 - 10% off food purchases at Muggn'z
 - 10% at Princess Florence Handbags & More
 - 25% off all public courses at University of Alberta Technology Training Centre
 - 15% off programs offered by Mommy Connections - West Edmonton
 - \$5 off a \$50 purchase at M&M Meat Shops (Callingwood 6655-178 St)